

## From the Heart

Valentine's Day is one of those holidays that can make you go mad, or just fall in love with the world. This year, I chose the latter.

Now that my Mom is local, I decided to decorate her door at her room with all the hand-made Valentines that I had made her over the years, and that she had saved (!). I haven't taken photos, oops! We went to dinner together, sanely on Saturday rather than Monday. We sent Valentines to family and friends.

I was lucky that our church had a lunch meeting this past Sunday, and I got a small bunch of tulips that were decorating the tables:



Then I even got to baking. I've usually made heart cut-out cookies, but since they are full of butter and eggs, and other things that aren't so good in larger quantities, I made this lighter recipe from Prevention Magazine for [Valentine's Cup Cakes](#). They came out well, and you wouldn't know that they are healthier for you!

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My other contribution this week is to knit a couple of premie hats for the Knitmore Girls meet-up on Saturday at Stitches West. I'm using some lovely leftover sock yarn. The completed hat is the [Elise Zigzag Baby Hat](#). I like the stitch pattern, but the crown directions are not so good, so if you've done hats in the past, you can make it work better. I'm beginning a [Brioche Baby Hat](#) out of the same yarn because I was reading Elizabeth Zimmermann's *Knitting Without Tears* and got intrigued by brioche stitch. I think it will be adorable!

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Hopefully I'll get a photo of me in the Kingscot sweater this weekend at Stitches.